

EDUCATION CATERING ALLERGEN INFORMATION MATRIX (PRIMARY SCHOOLS) – SEPTEMBER 2022

Menu Item	None	Celery	Cereals (containing gluten) B = BARLEY O = OATS W = WHEAT R = RYE	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts A = ALMONDS B = BRAZIL NUTS C = CASHEW NUTS H = HAZELNUTS M = MACADAMIA NUTS P = PECAN NUTS PI = PISTACHIO NUTS W = WALNUTS	Peanuts	Sesame	Soybeans	Sulphur Dioxide
MAIN COURSES															
Beef Burger			w										•		
Beef Burger (Halal)			w										•	✓	✓
Bolognese Sauce		✓													
Bolognese Sauce (Halal)		✓													
Bolognese Sauce (Plant Based)		✓												✓	
Cheese Burger			w					✓					•		
Cheese and Tomato Pizza			w					✓							
Chicken Fillet	✓														
Chicken Fillet (Halal)															
Chicken Korma			w					✓		✓			•		
Chicken Korma (DMS Only)								✓							✓
Chicken Tikka Masala		✓			•			✓		•			•		
Chicken Tikka Masala (DMS Only)								✓							
Falafel Burger (with Yoghurt and Mint Dressing)			w		✓			✓					•		

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Falafel Burger (without Yoghurt and Mint Dressing)			W					✓					•		
Fish Bites						✓									
Fish Fingers			W			✓									
Four Cheese Tortellini in a Tomato and Basil Sauce			W		✓			✓							
Glamorgan Sausage in a Roll			W					✓		✓					
Pasta Bolognese (DMS Only)			W												•
Pork Meatballs in a Homemade Tomato Sauce														•	✓
Pork Meatballs in a Tomato and Basil Sauce (DMS Only)														•	✓
Quorn Fillet			W												
Quorn Sausage			W												
Roast Sausage			W												
Roast Sausage (Halal)			W										✓	✓	✓
Salmon Fish Fingers			W			✓							✓	✓	✓

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Spicy Bean Casserole		✓			•			•		•					
Spicy Bean Casserole (DMS Only)			• W							•					
Vegeballs in a Homemade Tomato Sauce														✓	
Vegeballs in a Tomato and Basil Sauce (DMS Only)														✓	
Vegetarian Bolognese (DMS Only)	✓														
Vegetable Korma			W					✓		✓	•	•			
Vegetable Korma (DMS Only)								✓							✓
Vegetable Nuggets			W												
SAVOURY SNACKS															
Jacket Potato	✓														
Tuna Mayonnaise					✓	✓									
Cheese Sandwich**			W					✓						✓	
Ham Sandwich**			W											✓	
Tuna Mayo Sandwich**			W		✓	✓								✓	
Cheese Baguette**			W					✓						•	
Ham Baguette**			W					•						•	

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Sliced Bread (Wholemeal/White)			W											✓	
Stuffing Balls			W												
Sweetcorn	✓														
Yorkshire Pudding			W		✓			✓							
DESSERTS															
Apple & Blackberry Crumble			OW												
Apple & Cinnamon Crumble			OW												
Banana & Raisin Muffins			W		✓			✓							
Cheese and Crackers			W		•			✓			•	•	•	•	•
Chocolate Brownie			W		✓			✓							✓
Chocolate Cornflake Crisp			B					✓							✓
Chocolate Crunch Cookie			OW												✓
Chocolate Muffin			W		✓			✓							
Coconut Slice			W		✓			✓							
Coconut Sponge			W		✓			✓							
Cocoa Cookie			W		✓										✓
Custard								✓							

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Mandarin Segments in Juice	✓														
Muesli Cookie			OW					✓							✓
Pancake			w		✓			✓							
Peach Slices in Juice	✓														
Pear & Chocolate Sponge			w		✓			✓							
Pear Halves in Juice	✓														
Raisins	✓														
Raspberry Arctic Roll			w		✓			✓						✓	
Raspberry Muffin			w		✓			✓							
Rice Pudding								✓							
Roly Poly Chocolate (DMS)			w		✓			✓							
Roly Poly Jam Pudding (DMS Only)			w												
Roly Poly Treacle (DMS Only)			w		✓			✓							
Scone with Jam			w					✓							
Shortbread Fingers			w					✓							
Sultana Scones (DMS Only)			w		✓			✓							
Yoghurts								✓							

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NOTES

- Components of a meal are listed separately if dishes can be constructed with different variations.
- Where a menu item has an allergen highlighted with a ✓ Education Catering have identified an allergen that **is** present.
- Where a menu item has an allergen highlighted with a (✓) Education Catering have identified a risk of cross contamination that **cannot** be eliminated.
- Where a menu item has an allergen highlighted with a • Education Catering have identified an allergen that **may be** present.
- Where a menu item has an allergen highlighted with a (•) Education Catering have identified a risk of cross contamination that **may not** be eliminated.
- All information is correct at the time of printing.
- Food items that are purchased by Education Catering pre-packed for resale are not listed on this matrix. Allergen information for those products can be found on the packaging.
- Education Catering establishments operate in a multi-disciplined environment and cannot guarantee the elimination of the risk of cross contamination of allergens.
- This document is available in Welsh/Mae'r ddogfen hon ar gael yn Gymraeg.

****These items are for specific special education settings only.**